



Annapurna IV Expedition

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

Mountaineering

ACCOMMODATION

Hotel|Lodge|Tent

WALKING

5-7 hrs

MAX ALTITUDE

7,525
m

DURATION

30
Days

DIFFICULTY

Hard
Difficult

BEST SEASON

Spring, Autumn

Expedition Overview

The **Annapurna IV Expedition** is an exciting ascent of **Annapurna IV (7,525m)**, one of the most striking peaks in the Annapurna Massif. The journey begins through picturesque Gurung villages, lush forests, and alpine meadows before reaching the remote base camp beneath the mountain's towering north face. With a carefully planned acclimatization schedule, climbers establish higher camps and prepare for the summit while enjoying spectacular views of the surrounding Himalayan landscape.

The climb involves steep snow slopes, glacial travel, exposed ridges, and sections of technical ice climbing, making it suitable for experienced mountaineers with solid alpine climbing skills. From the summit, climbers are rewarded with breathtaking panoramic views of **Annapurna II, Annapurna III, Lamjung Himal, Machhapuchhre (Fishtail), Gangapurna, Manaslu, and the surrounding Himalayan giants**. Combining technical challenges, remote wilderness, and world-class scenery, the Annapurna IV Expedition offers an unforgettable high-altitude mountaineering experience.

INCLUDES

- **1. Airport Transfers** – Meet & assist service on arrival and departure. Private airport transfers.
- **2. Accommodation & Meals** – 4 nights in a 5-star hotel in Kathmandu on a Bed & Breakfast basis. Welcome dinner. Three meals daily during the trek and expedition. Tea or coffee with meals. Lodge accommodation during the trek. Fully serviced Base Camp with fresh meals, fruits, vegetables, bakery items, and soft drinks.
- **3. Transportation & Logistics** – Domestic flights, where applicable. Airport transfers. Expedition cargo transportation. Personal baggage allowance of up to 60 kg. Porter and yak transportation. Expedition freight management.
- **4. Permits & Government Fees** – Climbing Permit. National Park Permit. Conservation Area Permit. Municipality Permit. Government Liaison Officer, where applicable. Garbage deposit and human waste management fees.
- **5. Base Camp Facilities** – Personal sleeping tent. Dining, kitchen, and communication tents. Toilet and shower tents. Staff accommodation. Solar power and generator backup. Battery charging facilities. Heated dining tent.
- **6. Expedition Team** – Expedition Leader, where applicable. Base Camp Manager. Base Camp Cook and kitchen crew. Experienced porters and yak support. Fully insured Nepalese expedition staff.

- **7. High Altitude Support** – One experienced Climbing Sherpa per member. Shared High Camp tents. High-altitude meals and cooking fuel. Fixed rope installation. Dynamic ropes. Shared climbing equipment. Professional rope-fixing team.
- **8. Safety & Emergency** – Base Camp medical facilities. Sherpa first aid kit. Rescue coordination. Staff insurance. Emergency oxygen at Base Camp for emergency use only.
- **9. Communication** – Walkie-talkies. Emergency satellite phone (usage charges apply). Daily expedition communication. Professional weather forecasts.
- **10. Documentation & Gear** – Government Summit Certificate. Official Expedition Certificate. 14 Peaks Expedition duffle bag. Route map.

EXCLUDES

- **1. Travel & Visa** – International airfare Nepal entry visa
- **2. Meals in Kathmandu** – Lunch and dinner in Kathmandu.
- **3. Insurance & Rescue** – Personal travel insurance (including high-altitude rescue). Emergency helicopter evacuation.
- **4. Climbing Equipment** – Personal climbing equipment. Equipment rental. Personal supplemental oxygen. Personal oxygen mask and regulator.
- **5. Personal Expenses** – Internet and communication charges. Laundry services. Alcoholic beverages. Personal medical expenses. Other personal expenses.
- **6. Tips & Permits** – Summit bonus for Climbing Sherpa. Staff gratuities. Photography and drone permits.
- **7. Additional Costs** – Extra accommodation due to delays. Any services not listed under Cost Includes.

Trip Itinerary

Days	Date	Program	Altitude	Meals	Accommodation	Description
1	1 Oct, 2026	Arrival in Kathmandu (1,400m), expedition briefing and preparation.	1,400 m	B	Hotel	
2	2 Oct, 2026	Permit processing, gear check, and final expedition preparation in Kathmandu	1,400 m	B	Hotel	
3	3 Oct, 2026	Drive from Kathmandu to Pokhara (822m).	822 m	B L D	Lodge	
4	4 Oct, 2026	Drive from Pokhara to Chame (2,710m).	2,710 m	B L D	Lodge	
5	5 Oct, 2026	Trek from Chame to Pisang (3,300m).	3,300 m	B L D	Lodge	
6	6 Oct, 2026	Trek from Pisang to Manang (3,540m).	3,540 m	B L D	Lodge	
7	7 Oct, 2026	Acclimatization day at Manang with a hike to Gangapurna Lake or Ice Lake.	3,540 m	B L D	Lodge	
8	8 Oct, 2026	Trek from Manang to Annapurna IV Base Camp (4,500m).	4,500 m	B L D	Tent	
9	9 Oct, 2026	Rest and technical climbing training at Base Camp.	4,500 m	B L D	Tent	
10	10 Oct, 2026	Establish Annapurna IV Camp I (5,300m).	5,300 m	B L D	Tent	
11	11 Oct, 2026	Return to Base Camp for recovery and acclimatization.	5,300 m	B L D	Tent	

Days	Date	Program	Altitude	Meals	Accommodation	Description
12	12 Oct, 2026	Climb to Camp I and establish Annapurna IV Camp II (6,000m).	6,000 m	B L D	Tent	
13	13 Oct, 2026	Return to Base Camp for recovery.	5,300 m	B L D	Tent	
14	14 Oct, 2026	Rest day at Base Camp.	5,300 m	B L D	Tent	
15	15 Oct, 2026	Move to Camp I.	5,500 m	B L D	Tent	
16	16 Oct, 2026	Move to Camp II.	6,000 m	B L D	Tent	
17	17 Oct, 2026	Establish Annapurna IV Camp III (6,700m).	6,700 m	B L D	Tent	
18	18 Oct, 2026	Descend to Base Camp for recovery.	5,300 m	B L D	Tent	
19	19 Oct, 2026	Rest day at Base Camp.	5,300 m	B L D	tent	
20	20 Oct, 2026	Move to Camp I.	5,500 m	B L D	Tent	
21	21 Oct, 2026	Move to Camp II.	6,000 m	B L D	Tent	
22	22 Oct, 2026	Move to Camp III and prepare for summit push.	6,700 m	B L D	Tent	
23	23 Oct, 2026	Summit Day:Climb Annapurna IV (7,525m) and descend to Camp II or III.	7,525 m	B L D	Tent	
24	24 Oct, 2026	Reserve summit day for adverse weather conditions.	6,700 m	B L D	Tent	
25	25 Oct, 2026	Additional reserve summit day.	6,700 m	B L D	Tent	
26	26 Oct, 2026	Descend to Base Camp.	5,300 m	B L D	Tent	
27	27 Oct, 2026	Trek from Base Camp to Manang.	3,540 m	B L D	Tent	
28	28 Oct, 2026	Drive from Manang to Pokhara.	822 m	B L D	Lodge	
29	29 Oct, 2026	Drive or fly from Pokhara to Kathmandu.	1,400 m	B	Hotel	
30	30 Oct, 2026	Final departure from Kathmandu.	-	-	-	

Gear List

Travel Documents

- Valid Passport
- Debit/Credit Card
- PP Size Photos(4 Pieces)
- Insurance Paper/Certificate
- Emergency Contact Details

Medicine / First Aid Kits

- Paracetamol 500 mg
- Ibuprofen 400mg
- Oral Rehydration Salts (ORS)
- Loperamide
- Electrolyte tablets
- Cetirizine
- Omeprazole
- Antacid Tablets
- Cough Lozenges
- Lubricating Eye Drops
- Antiseptic Wipes
- Blister Plasters
- Acetazolamide (Diamox) 250 mg
- Dexamethasone 4 mg
- Nifedipine 30mg
- Aspirin 300mg
- Ondansetron 4 mg

Upper Body

- Thermal Base Layer
- Fleece Jacket
- Gore Tex Jacket
- Warm Jacket
- Wind Proof Jacket
- Heavy Down Jacket
- Cotton T-Shirt
- Dry-Fit Tshirt

Head

- Glacier Glasses (Polarized UV Protection)
- Snow Goggles (UV Protection)
- Balaclava
- Sun Cap
- Desert Cap
- Fleece Hat/Warm Hat
- Neck Gaiter

Lower Body

- Thermal Base Layer
- Fleece Trouser
- Gore Tex Pant
- Heavy Weight Pant
- Mid Weight Pant
- Trekking Pant
- Under Wear
- Down Pant
- Gaiters for Trekking Boots
- Climbing Boot -6000m
- Normal Socks
- Summit Socks

Foot Wear

- Trekking Shoes
- Summit Boot - 8000m
- Sport Shoes
- Camp Booties
- Slippers

Hand

- Thin Fleece Gloves
- Wind Stopper Gloves
- Heavy Gloves(Guide)
- Summit Gloves

Eating & Drinking

- Water bottle
- Thermos

Bag Packs

- Rucksack 35L-50L
- Duffle Bag
- Dry Bags

Climbing Equipment

- Trekking Pole
- Ice Tool/AXE
- Crampons
- ATC GUIDE
- Snappate Carabiner
- Jumar/Ascender
- Locking Carabiner
- Head Light
- Tape Sling
- Summit Down Suit
- Climbing Harness
- Climbing Helmet

Miscellaneous

- Pocket Knife
- Nail Cutter
- Umbrella/Rain Coat
- Hot Water Bag
- Pee Bottle
- Tenacious Tape Repair
- Altimeter Watch
- Satellite Phone(Optional)
- GPS Tracker
- Power Bank
- Camera

Sun Stuff

- Sunscreen
- Lip Guard
- Moisturizer

Toiletries

- Toothbrush
- Towel
- Wet Wipes
- Toothbrush
- Shampoo
- Body Lotion

Sleeping Stuffs

- Sleeping Bag
- Therm-a-Rest Mattress
- Sleeping Bag Liner
- Inflatable Pillow