



Chulu West Expedition

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

Peak Climbing

ACCOMMODATION

Hotel|Lodge|Tent

WALKING

5-7 hrs

MAX ALTITUDE

6,419

m

DURATION

18

Days

DIFFICULTY

Moderate

Difficult

BEST SEASON

Spring, Autumn

Expedition Overview

The **Chulu West Expedition** is one of Nepal's premier climbing adventures, combining the renowned **Annapurna Circuit Trek** with the ascent of **Chulu West (6,419m)**. The journey passes through picturesque Gurung and Manangi villages, lush forests, alpine meadows, and rugged glacial terrain, allowing climbers to acclimatize gradually while experiencing the diverse landscapes and rich culture of the Annapurna Region. Throughout the expedition, spectacular views of the Annapurna and Dhaulagiri ranges accompany every step.

The summit climb involves snow slopes, glacial travel, and the use of mountaineering equipment, making it suitable for climbers with good physical fitness and basic alpine climbing experience. From the summit, climbers are rewarded with magnificent panoramic views of **Annapurna II, Annapurna III, Annapurna IV, Gangapurna, Tilicho Peak, Dhaulagiri, Manaslu, and countless Himalayan peaks**. Combining classic trekking with an exciting high-altitude ascent, the Chulu West Expedition offers an unforgettable Himalayan mountaineering experience.

INCLUDES

- **1. Airport Transfers** – Private airport transfers Meet & assist service on arrival and departure
- **2. Accommodation & Meals** – 4 nights in a 5-star hotel in Kathmandu (B&B) Welcome dinner
Three meals daily during the trek & expedition Tea or coffee with meals Tea house
accommodation during the trek Full board at Base Camp Fresh vegetables, fruits, bakery items,
meat & soft drinks at Base Camp
- **3. Transportation & Logistics** – Domestic flights (where applicable) Airport transfers Expedition
cargo transportation Personal baggage allowance (up to 60 kg) Porter & yak transportation
Expedition logistics management
- **4. Permits & Fees** – Peak Climbing Permit National Park Permit Conservation Area Permit
Municipality Permit Garbage management fees
- **5. Base Camp Facilities** – Personal Base Camp tent Dining, kitchen, toilet & shower tents Staff
tents Solar electricity Battery charging Heated dining tent
- **6. Climbing Support** – One licensed Climbing Sherpa per member Climbing support from Base
Camp to summit & return Assistance carrying climbing equipment High Camp tents High-altitude
meals & cooking fuel Fixed ropes (where required) Shared group climbing equipment

- **7. Expedition Staff** – Base Camp Cook & kitchen staff Base Camp Manager (where applicable) Porters & yak support team
- **8. Safety & Training** – Base Camp medical kit First aid carried by Climbing Sherpa Rescue coordination Staff insurance Equipment inspection Fixed rope & ice climbing training Safety briefing
- **9. Communication** – Walkie-talkies Emergency satellite phone (usage charges apply) Weather forecasts
- **10. Documentation & Gear** – Summit Certificate Official 14 Peaks Expedition duffle bag Route map

EXCLUDES

- **1. Travel & Visa** – International airfare Nepal entry visa
- **2. Meals in Kathmandu** – Lunch and dinner in Kathmandu
- **3. Insurance & Rescue** – Personal travel insurance Emergency helicopter evacuation
- **4. Climbing Equipment** – Personal climbing gear Equipment rental Supplemental oxygen (unless included)
- **5. Personal Expenses** – Internet & Wi-Fi Hot showers Alcoholic beverages Personal medical expenses
- **6. Tips & Bonuses** – Summit bonus for Climbing Sherpa Staff tips
- **7. Other Expenses** – Any services not listed under Cost Includes

Trip Itinerary

Days	Date	Program	Altitude	Meals	Accommodation	Description
1	—	Arrival in Kathmandu (1,400m) & transfer to Hotel	—	B	Hotel	
2	—	Drive from Kathmandu to Besisahar and continue to Chame (2,710m).	—	B L D	Lodge	
3	—	Trek from Chame to Pisang (3,300m).	—	B L D	Lodge	
4	—	Trek from Pisang to Manang (3,540m).	—	B L D	Lodge	
5	—	Acclimatization day at Manang with a hike to Gangapurna Lake or Ice Lake.	—	B L D	Lodge	
6	—	Trek from Manang to Yak Kharka (4,050m).	—	B L D	Lodge	
7	—	Trek from Yak Kharka to Chulu West Base Camp (4,900m).	—	B L D	Tent	
8	—	Rest and technical climbing training at Base Camp.	—	B L D	Tent	
9	—	Climb to Chulu West High Camp (5,500m).	—	B L D	Tent	
10	—	Summit Day:Climb Chulu West (6,419m) and descend to Base Camp.	—	B L D	Tent	
11	—	Reserve summit day for adverse weather or acclimatization.	—	B L D	Tent	
12	—	Trek from Base Camp to Thorong Phedi (4,450m).	—	B L D	Lodge	
13	—	Cross Thorong La Pass (5,416m) and descend to Muktinath (3,800m).	—	B L D	Lodge	
14	—	Trek from Muktinath to Jomsom (2,720m).	—	B L D	Lodge	
15	—	Fly from Jomsom to Pokhara.	—	B L D	Lodge	
16	—	Rest and sightseeing day in Pokhara.	—	B L D	Hotel	

Days	Date	Program	Altitude	Meals	Accommodation	Description
17	—	Drive from Pokhara to Kathmandu.	—	B	Hotel	
18	—	Final departure from Kathmandu.	—	-	-	

Gear List

Travel Documents

- Valid Passport
- Debit/Credit Card
- PP Size Photos(4 Pieces)
- Insurance Paper/Certificate
- Emergency Contact Details

Medicine / First Aid Kits

- Paracetamol 500 mg
- Ibuprofen 400mg
- Oral Rehydration Salts (ORS)
- Loperamide
- Electrolyte tablets
- Antiseptic Wipes
- Lubricating Eye Drops
- Cetirizine
- Omeprazole
- Antacid Tablets
- Cough Lozenges
- Blister Plasters
- Acetazolamide (Diamox) 250 mg
- Dexamethasone 4 mg
- Nifedipine 30mg
- Aspirin 300mg
- Ondansetron 4 mg

Upper Body

- Thermal Base Layer
- Fleece Jacket
- Gore Tex Jacket
- Warm Jacket
- Wind Proof Jacket
- Heavy Down Jacket
- Cotton T-Shirt
- Dry-Fit Tshirt

Head

- Glacier Glasses (Polarized UV Protection)
- Snow Goggles (UV Protection)
- Balaclava
- Sun Cap
- Desert Cap
- Fleece Hat/Warm Hat
- Neck Gaiter

Lower Body

- Thermal Base Layer
- Fleece Trouser
- Gore Tex Pant
- Heavy Weight Pant
- Mid Weight Pant
- Trekking Pant
- Under Wear
- Down Pant
- Gaiters for Trekking Boots
- Climbing Boot -6000m
- Normal Socks
- Summit Socks

Foot Wear

- Trekking Shoes
- Sport Shoes
- Camp Booties
- Slippers

Hand

- Thin Fleece Gloves
- Wind Stopper Gloves
- Heavy Gloves(Guide)
- Summit Gloves

Eating & Drinking

- Water bottle
- Thermos

Bag Packs

- Rucksack 35L-50L
- Duffle Bag
- Dry Bags

Climbing Equipment

- Trekking Pole
- Tape Sling
- Head Light
- Locking Carabiner
- Jumar/Ascender
- Ice Tool/AXE
- Crampons
- ATC GUIDE
- Snapgate Carabiner
- Summit Down Suit
- Climbing Harness
- Climbing Helmet

Miscellaneous

- Pocket Knife
- Nail Cutter
- Umbrella/Rain Coat
- Hot Water Bag
- Pee Bottle
- Tenacious Tape Repair
- Altimeter Watch
- Satellite Phone(Optional)
- GPS Tracker
- Power Bank
- Camera

Sun Stuff

- Sunscreen
- Lip Guard
- Moisturizer

Toiletries

- Toothbrush
- Body Lotion
- Towel
- Wet Wipes
- Toothbrush
- Shampoo

Sleeping Stuffs

- Down Sleeping Bag
- Sleeping Bag
- Therm-a-Rest Mattress
- Sleeping Bag Liner
- Inflatable Pillow