



Everest Ultimate

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

14 Peaks Exclusive

ACCOMMODATION

Hotel | Lodge | Tent

WALKING

5 - 7 hrs

MAX ALTITUDE

8,849

m

DURATION

45

Days

DIFFICULTY

Hard

Difficult

BEST SEASON

Spring

Overview

The Everest Ultimate VVIP Expedition is 14 Peaks Expeditions' most premium, fully supported Everest program — built for climbers who demand absolute safety, logistical precision, and maximum comfort on the world's highest mountain. It pairs world-class mountaineering expertise with luxury-level support systems, so climbers can focus entirely on performance and summit success.

The expedition includes a **Lobuche Peak (6,119m)** climb for optimal acclimatization, ensuring you arrive at Everest Base Camp physically primed and route-tested before the main push to the summit at 8,848.86m.

With premium logistics, top-tier Sherpa support, high-end base camp facilities, and meticulous safety protocols at every stage, this program delivers the gold standard in guided Everest mountaineering.

Services

INCLUDES

EXCLUDES

Itinerary

Days	Date	Program	Altitude	Meals	Accommodation	Description
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Gear List

Use the interactive checklist at: https://checklist-14peaks.pages.dev/14peaks_checklist

Travel Documents

- Valid Passport
- Debit/Credit Card
- PP Size Photos(4 Pieces)
- Insurance Paper/Certificate
- Emergency Contact Details

Medicine / First Aid Kits

- Paracetamol 500 mg
- Ibuprofen 400mg
- Oral Rehydration Salts (ORS)
- Loperamide
- Electrolyte tablets
- Cetirizine
- Omeprazole
- Antacid Tablets
- Cough Lozenges
- Lubricating Eye Drops
- Antiseptic Wipes
- Blister Plasters
- Acetazolamide (Diamox) 250 mg
- Dexamethasone 4 mg
- Nifedipine 30mg
- Aspirin 300mg
- Ondansetron 4 mg

Upper Body

- Thermal Base Layer
- Fleece Jacket
- Gore Tex Jacket
- Warm Jacket
- Wind Proof Jacket
- Heavy Down Jacket
- Cotton T-Shirt
- Light Down Jacket
- Dry-Fit Tshirt

Lower Body

- Thermal Base Layer
- Fleece Trouser
- Gore Tex Pant
- Heavy Weight Pant
- Mid Weight Pant
- Trekking Pant
- Under Wear
- Down Pant
- Gaiters for Trekking Boots

Foot Wear

- Summit Boot - 8000m
- Normal Socks
- Summit Socks
- Trekking Shoes
- Sport Shoes
- Camp Booties
- Slippers
- Warm Climbing Socks
- Liner Socks

Hand

- Thin Fleece Gloves
- Wind Stopper Gloves
- Heavy Gloves(Guide)
- Summit Gloves

Head

- Glacier Glasses (Polarized UV Protection)
- Sun Cap
- Desert Cap
- Fleece Hat/Warm Hat
- Neck Gaiter
- Snow Goggles (UV Protection)
- Balaclava

Sun Stuff

- Sunscreen
- Lip Guard (SPF)
- Moisturizer

Eating & Drinking

- Water bottle
- Thermos

Toiletries

- Toothbrush
- Towel
- Wet Wipes
- Toothbrush
- Shampoo
- Body Lotion

Sleeping Stuffs

- Sleeping Bag
- Down Sleeping Bag
- Therm-a-Rest Mattress
- Sleeping Bag Liner
- Inflatable Pillow

Bag Packs

- Rucksack 35L-50L
- Duffle Bag
- Dry Bags

Miscellaneous

- Pocket Knife
- Nail Cutter
- Umbrella/Rain Coat
- Hot Water Bag
- Pee Bottle
- Tenacious Tape Repair
- Altimeter Watch
- Satellite Phone(Optional)
- GPS Tracker
- Power Bank
- Camera

Climbing Equipment

- Climbing Boot -6000m
- Trekking Pole
- Ice Tool/AXE
- Crampons
- ATC GUIDE
- Unlock Carabiner
- Jumar/Ascender
- Locking Carabiner
- Head Light
- Tape Sling
- Summit Down Suit
- Climbing Harness
- Climbing Helmet