

KANCHENJUNGA CIRCUIT TREK (5475M)

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

Trekking

ACCOMMODATION

Hotel, Lodge, Tea House, Tent

WALKING

5-7 Hours

MAX ALTITUDE

5,475

m

DURATION

26

Days

DIFFICULTY

Hard

Difficult

GROUP SIZE

5

People

Expedition Overview

Dominating the far eastern corner of Nepal, the Kanchenjunga Trek leads to the base of the world's third-highest peak (8,586m), offering one of the most secluded and pristine trekking experiences in the Himalayas. This "virgin" route is defined by its dramatic topography, featuring frozen lakes, the massive Okthan glacier, and the jagged heights of the Rathong and Kabru massif. Unlike the more commercialized regions, Kanchenjunga provides a raw wilderness experience where the landscape transitions from lush tropical valleys to stark, high-altitude moraines. It is also a land steeped in local lore, with centuries-old stories of the "Yeti" or Abominable Snowman adding a layer of mystery to the rugged terrain.

The trek is a cornerstone of the Kanchenjunga Conservation Area, a massive sanctuary spanning 2,035 square kilometers that protects some of the planet's most endangered species. Trekkers often find themselves in a biodiverse haven, home to the elusive snow leopard, red panda, and Himalayan black bear, alongside vibrant birdlife such as the Himalayan Monal. Beyond the wildlife, the journey is a deep cultural immersion into the traditional lives of the Limbu and Rai communities. From the terraced fields of the lower valleys to the Tibetan-influenced high-altitude villages like Ghunsa, travelers can witness ancient rituals, visit remote monasteries, and experience a level of hospitality that has remained unchanged for generations.

INCLUDES

- 1. ARRIVAL AND DEPARTURE** – Airport - Hotel transfers – Airport (Pick Up and Drop), by private vehicle.
- 2. HOTEL ACCOMMODATION IN KATHMANDU** – 4 nights hotel in Kathmandu (5-star category) - single room on bed and breakfast plan.
- 3. WELCOME DINNER** – One Welcome Dinner in a tourist standard restaurant in KATHMANDU with office staff.
- 4. CARGO CLEARANCE** – Assistance for cargo clearance in Nepal's customs, clearance cost is subject to a charge.
- 5. PERMIT** – All necessary paper works: Restricted area permit & conservation area entry fee.
- 6. INSURANCE** – Medical & Emergency rescue Insurance for all involved Nepalese staff during the trek.
- 7. DUFFLE BAG** – One 120L 14 Peaks duffle bag (caps/neck warmer).
- 8. MEMBER TRANSPORTATION** – (Domestic Flight) Fly from Kathmandu – Bhadrapur and while returning Bhadrapur - Kathmandu, as per itinerary.
- 9. DRINKING** – Per day 2 Liters of boiled water per member to carry on the thermos.
- 10. FOOD AND LODGING** – 3 meals a day (BLD; including tea and coffee) along with accessible accommodation at Hotel/Lodge during the trek.
- 11. PORTER** – Porters (1 porter:2 trekkers) during the trek.
- 12. WEATHER FORECAST** – Weather forecast report during the entire trekking.
- 13. GUIDE** – Local government licensed Guide (English speaking) during the trek and sightseeing in Kathmandu valley.
- 14. STAFF SALARY AND ALLOWANCE** – All Nepalese staff & porters' daily wages, salary, equipment, foods & clothing.

- **15. VALLEY SIGHT SEEING** – Sightseeing in Kathmandu Valley [Pashupatinath Temple, Swoyambu (Monkey temple), and Kathmandu Durbar Square] by a professional guide.
- **16. MEMBER LUGGAGE** – Up to 15 Kg per member for personal baggage during the trek to be carried by porters/yaks.
- **17. MEDICAL KIT** – Comprehensive medical kit for members and staff.
- **18. MAP** – Kanchenjunga region trekking map

EXCLUDES

- **1. AIR FARE** – International flight airfare (from and to Kathmandu).
- **2. NEPAL ENTRY VISA FEE** – Nepalese Visa fee is \$50 USD for 30 Days.
- **3. LUNCH & DINNER** – Lunch & dinner during the stay in Kathmandu (also in case of early return from trekking than the scheduled itinerary).
- **4. EXTRA NIGHT IN KATHMANDU** – Extra nights' accommodation in Kathmandu. In case of early arrival or late departure, early return from trekking, or domestic flight cancellation (due to any other reason) than the scheduled itinerary.
- **5. INSURANCE POLICY** – Insurance covering both medical and high-altitude evacuation costs (for the trip cancellation, interruption, high-altitude rescue & air evacuation, medical treatment, repatriation, etc.) *Mandatory (Send us a copy of your insurance policy- before your arrival.)
- **6. PERSONAL EXPENSES** – Telephone calls, internet, toiletries, battery recharge, hot shower, laundry, soft drinks, beers, and any alcoholic beverages (during the trek and in Kathmandu but we will have soft drinks for members at base camp).
- **7. TOILETRIES** – Soaps, shampoos, toilet and tissue papers, toothpaste, and other items used to keep yourself clean.
- **8. FILMING** – Special filming, camera, and Drone permit fee.
- **9. INTERNET SERVICE** – Not included during the trek and the trekking.
- **10. TIPS** – Calculate some tips for guide minimum 250 USD & 100\$ for porters.

Trip Itinerary

Days	Program	Meals	Accommodation	Description
1	Arrival in Kathmandu & Transfer to the Hotel (1,400m)	-	Hotel	
2	Rest in Kathmandu: Briefing and Preparation	B	Hotel	
3	Fly from Kathmandu to Bhadrapur and Drive to Ilam (1,205m)	B/L/D	Lodge	
4	Drive from Ilam to Taplejung	B/L/D	Lodge	
5	Drive From Taplejung to Sekathum (1,660m)	B/L/D	Lodge	
6	Trek from Sekathum to Amiilosa (2,308m)	B/L/D	Lodge	
7	Trek from Amiilosa to Gyabla (2,730m)	B/L/D	Lodge	
8	Trek from Gyabla to Ghunsa (3,550m)	B/L/D	Lodge	
9	Acclimatization in Ghunsa (Rest Day)	B/L/D	Lodge	
10	Trek from Ghunsa to Khambachen (4,050m)	B/L/D	Lodge	
11	Trek from Khambachen to Lhonak (4,780m)	B/L/D	Lodge	
12	Hike from Lhonak to Kangchenjunga North Basecamp (5,475m) and back to Lhonak	B/L/D	Lodge	
13	Trek from Lhonak to Ghunsa	B/L/D	Lodge	
14	Trek from Ghunsa to Sele La Bascamp (4,200m)	B/L/D	Lodge	
15	Trek from Sere La to Tseram (3,870m) via crossing High Pass	B/L/D	Lodge	
16	Trek from Tseram to Ramche (4,580m)	B/L/D	Lodge	
17	Trek from Ramche to Oktang Tempale (South Basecamp Viewpoint) and return to Tseram	B/L/D	Lodge	
18	Trek from Tseram to Tortong (2,995m)	B/L/D	Lodge	
19	Trek from Tortong to Yamphudin (2,080m)	B/L/D	Lodge	
20	Trek from Yamphudin to Khewang	B/L/D	Lodge	

Days	Program	Meals	Accommodation	Description
22	Trek from Khewang to Khandenba	B/L/D	Lodge	
22	Drive from Khandenba to Bhadrapur and transfer to the Hotel: via Phidim	B/L/D	Lodge	
23	Fly from Bhadrapur to Kathmandu and transfer to the Hotel	B/L/D	Hotel	
24	Sightseeing around Kathmandu valley and stay at hotel.	B	Lodge	
25	Transfer to International Airport for final departure	B/L/D	-	

Trekking Gear List

Travel Documents

- Valid Passport
- Debit/Credit Card
- PP Size Photos(4 Pieces)
- Insurance Paper/Certificate

Medicine / First Aid Kits

- Paracetamole

Upper Body

- Thermal Base Layer
- Fleece Jacket
- Gore Tex Jacket
- Warm Jacket
- Wind Proof Jacket
- Down Jacket
- Cotton T-Shirt

Lower Body

- Trowser
- Bottom Base Layer
- Fleece Trouser
- Gore Tex Pant
- Heavy Weight Pant
- Mid Weight Pant
- Trekking Pant
- Under Wear
- Down Pant
- Gaiters for Trekking Boots
- Climbing Boot -6000m
- Normal Socks
- Summit Socks
- Trekking Shoes
- Thermal Bottom Base Layer
- Trekking Pants

Foot Wear

- Summit Boot - 8000m
- Sport Shoes

Hand

- Thin Fleece Gloves
- Wind Stopper Gloves
- Heavy Gloves(Guide)
- Summit Gloves

Head

- Sun Cap
- Desert Cap
- Fleece Hat/Warm Hat
- Neck Gaiter

Eating & Drinking

- Water bottle
- Thermos

Bag Packs

- Rucksack 35L-50L
- Duffle Bag
- Dry Bags

Miscellaneous

- Trekking Pole
- Pocket Knife
- Nail Cutter
- Umbrella/Rain Coat
- Hot Water Bag
- Pee Bottle
- Tenacious Tape Repair
- Altimeter Watch
- Satellite Phone(Optional)
- GPS Tracker
- Power Bank
- Camera