

Makalu Expedition Spring 2026

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

Mountaineering

ACCOMMODATION

Hotel/Lodge/Tent

WALKING

5-7 hours

MAX ALTITUDE

8,463

m

DURATION

50

Days

DIFFICULTY

Hard

Difficult

GROUP SIZE

15

People

Expedition Overview

Mt. Makalu, rising to an impressive **8,463 meters**, is the **4th highest peak in Nepal** and the **5th highest peak in the world**. Located in the **eastern Himalayas**, this iconic giant sits just **19 km southeast of Mt. Everest**, straddling the border between Nepal and China. Its striking **pyramid shape** and steep, knife-edged ridges make Makalu one of the most visually stunning yet technically demanding peaks on the planet.

Most climbers follow the **North-West Ridge route**, a bold and highly challenging line that requires exceptional technical skills, strength, and mental resilience. Makalu is well-known for its unforgiving terrain, unpredictable weather, and complex high-altitude sections—making it a true test of a climber's endurance and commitment.

For a standard ascent, the expedition structure typically includes base camp at **5,600m**, followed by four progressively challenging high camps:

- **Camp I – 6,100m**
- **Camp II – 6,500m**
- **Camp III – 7,400m**
- **Camp IV – 7,800m**

Each camp pushes climbers closer to the razor-sharp summit ridge and the coveted top.

Mt. Makalu Expedition – Spring 2026 14 Peaks Expedition is now welcoming climbers to join our **Spring 2026 Makalu Expedition**, with arrival in Kathmandu scheduled for **April 14, 2026**. Guided by elite Sherpa mountaineers and supported by our leading safety-first logistics, this expedition provides a powerful opportunity to strive for one of the **most challenging 8000m summits in the Himalayas**.

What Sets Our Makalu Expedition Apart?

- Expert Sherpa leadership with world-class technical experience
- Strong acclimatization plan for climber safety and success
- Cutting-edge logistics and high-end expedition support
- Exclusive opportunity to challenge a rarely climbed 8000m peak

Dare to rise above limits. Join the **Makalu Spring 2026 Expedition** with 14 Peaks Expedition — and conquer one of the hardest mountains on Earth.

INCLUDES

- **1. Arrival and Departure** – Airport Transfers – Private vehicle transfers for airport pick-up and drop-off.
- **2. Accommodation & Meals** – Hotel Accommodation in Kathmandu – 4-5 nights in a star-category hotel (single room, bed & breakfast). Welcome Dinner – Dinner at a tourist-standard restaurant in Kathmandu with office staff and guides. Food & Lodging During Expedition –

Three meals daily (breakfast, lunch, and dinner) with tea/coffee, fresh vegetables, meat, fruits, snacks, and soft drinks, using helicopter supplies. Base Camp Accommodation – Each member will have an individual box tent with a proper bed at Base Camp.

- **3. Permits & Official Requirements** – Expedition Permits – Government royalty and permits for Mt. Makalu, conservation area entry permits, and fees. Liaison Officer – Government liaison officer with full equipment, salary, and accommodation. Garbage Management – Stool shipment transfer & garbage deposit fees.
- **4. Logistics & Transportation** – Member Transportation – Helicopter flights: Kathmandu ? Lukla Dingboche ? Makalu High Camp Makalu Base Camp ? Kathmandu Expedition Transportation – Equipment transport via truck (Kathmandu ? Dana), then by helicopter/mules/porters to Base Camp and back. Member Luggage Allowance – 15 kg during the trek and 60 kg for the expedition, carried by porters, yaks, or helicopters.
- **5. Staff & Support Team** – Porters – 1 porter per 2 members up to Base Camp and back. Base Camp Staff – Experienced cook & kitchen helpers. Staff Salary & Allowance – Wages, salary, food, clothing, and equipment for all Nepalese staff, climbing Sherpas, and porters. High-Altitude Climbing Sherpa – 1 multiple-8000m summited Sherpa guide and 1 assistant Sherpa per member from Base Camp to the summit and back.
- **6. Expedition Equipment & Infrastructure** – Duffle Bags & Gear – Two 14 Peaks duffle bags (120L for trekking, 150L for expedition). Cap, buff, and jacket. Base Camp Equipment – Single box tent, foam mattress, pillow. Dining tent, kitchen tent, communication tent, toilet & shower tent, Nepalese staff tents, store tent. Tables, chairs, cooking gear. High Camp Infrastructure – High-altitude tents, cooking gas, pots, and food at Camps I-IV. High-Altitude Tents – Shared tents at high camps (2 members per tent). Heater at Base Camp – Heater available in dining tents. Solar & Generator Power – Solar panel and generator for lighting, battery charging, and electronics. Rope Fixing Team – Sherpa team from the Expedition Operators Association (EOA) will fix summit routes (no extra charge).
- **7. Climbing & Safety Equipment** – Training – Oxygen mask, regulator, ice wall, and ladder training at Base Camp by Climbing Sherpa Guide. Oxygen Supply – 4 oxygen bottles (4L) per member. 1 oxygen bottle per high-altitude Sherpa. Summit Oxygen mask and regulator per member & Sherpa (to be returned post-expedition; charges apply if lost/damaged). Extra masks and regulators available for emergencies. Satellite Phone – Available for emergency communication (member use with additional charge). Walkie-Talkie – Communication between Base Camp and mountain teams.
- **8. Medical & Weather Support** – Insurance – Medical & emergency rescue insurance for all Nepalese staff. Medical Kit – Comprehensive medical kit for members and staff. Weather Forecasting – Regular weather reports from Meteotest, Bern (Switzerland).
- **9. Certification** – Climbing Certificate – Official Makalu climbing certificate issued by the Department of Tourism upon successful summit.
- **10. Note:** – All expedition gear must be returned post-expedition; charges apply for lost or damaged items.

EXCLUDES

- **1. Airfare** – International flight tickets to and from Kathmandu.
- **2. Nepal Entry Visa Fee** – USD 125 for a 90-day Nepalese visa.
- **3. Meals in Kathmandu** – Lunch and dinner during the stay in Kathmandu.
- **4. Extra Nights in Kathmandu** – Additional accommodation in case of early arrival, late departure, early return from the expedition, or domestic flight cancellations.
- **5. Insurance Policy** – Travel insurance covering medical treatment, high-altitude evacuation, trip cancellation, interruption, repatriation, and other unforeseen incidents.
- **6. Personal Expenses** – Costs for telephone calls, internet, toiletries, battery charging, hot showers, laundry, soft drinks, alcoholic beverages (except soft drinks provided at Base Camp).
- **7. Personal Climbing Equipment** – Personal clothing, trekking and climbing gear, packing items, personal medical kit.
- **8. Filming Permits** – Fees for special filming, camera, and drone permits.
- **9. Guide Bonus** – Minimum USD 2,000 for climbing Sherpa.
- **10. Tips** – Minimum USD 400 for Base Camp and High Camp staff.
- **11. Other Expenses** – Any services or activities not mentioned in the itinerary or the "Cost Includes" section.
- **12. *Important Notice*** – For safety reasons, our Heli Rescue team and medical doctor are always on standby during any expedition in Nepal. If a medical rescue evacuation is necessary, the costs must be covered by the climber's insurance company.

Trip Itinerary

Days	Program	Meals	Accommodation	Description
1	Arrival in Kathmandu & transfer to the hotel (1,400m).	B/L/D	Hotel	Meet and greet at the airport, followed by hotel transfer and rest.
2	Rest in Kathmandu, expedition briefing and preparation.	B/L/D	Hotel	
3	Fly from Kathmandu to Lukla by Heli and Trek to Phakding (2,600m).	B/L/D	Lodge	Scenic helicopter flight to Lukla, then an easy trek to Phakding.
4	Trek from Phakding to Namche Bazaar (3,440m).	B/L/D	Lodge	
5	Trek from Namche Bazaar to Tyangboche Monastery (3,860m), followed by an overnight stay in the cozy Rivandal Hotel suite room in Deboche.	B/L/D	Lodge	

Days	Program	Meals	Accommodation	Description
6	Trek from Deboche to Dingboche (4,243m) and enjoy an overnight stay at the Dingboste Resort lodge.	B/L/D	Lodge	
7	After breakfast, a 3-4 hour acclimatization hike to an elevation of 5,200m before returning to the Dingboste Resort for a restful day.	B/L/D	Lodge	
8	Trek from Dingboche to Island Peak Base Camp.	B/L/D	Lodge	
9	Summit Island Peak (6,185m) and back to Base Camp.	B/L/D	Tent	
10	Trek to Dingboche.	B/L/D	Lodge	
11-12	Rest Days at Dingboche.	B/L/D	Lodge	
13	Fly by Heli to Makalu High Camp.	Full board	Tent	
14-16	Rest days at High Camp.	Full Board	Tent	
17	Climb Camp II and Overnight.	Full Board	Tent	Move up to Camp II and rest before pushing higher.
18	Further Climb to Camp III and Back to Base Camp.	Full Board	Tent	
19-25	Extra Days for the Weather.	Full Board	Tent	
26	Climb to Camp II	Full Board	Tent	
27	Further climb to Camp III and Overnight.	Full Board	Tent	
28	Further climb to Camp IV, rest and summit push.	Full Board	Tent	
29	Summit Mt. Makalu and Back to Camp II.	Full Board	Tent	
30	Back to Base Camp	Full Board	Tent	Final descent to Base Camp for celebration and recovery.
31-37	Extra days for Weather	Full Board	Tent	Additional days for unforeseen delays.
38	Back to Kathmandu by Helicopter	B/L/D	Hotel	
39	Contingency Day.	B/L/D	Hotel	
40	Transfer to international airport for final departure.	B	-	

Trekking Gear List

Travel Documents

Valid Passport Debit/Credit Card PP Size Photos(4 Pieces)
Insurance Paper/Certificate

Medicine / First Aid Kits

Paracetamole

Upper Body

Thermal Base Layer Fleece Jacket Gore Tex Jacket
Warm Jacket Wind Proof Jacket Down Jacket Cotton T-Shirt

Lower Body

Trowser Bottom Base Layer Fleece Trouser Gore Tex Pant
Heavy Weight Pant Mid Weight Pant Trekking Pant
Under Wear Down Pant Gaiters for Trekking Boots
Climbing Boot -6000m Normal Socks Summit Socks
Trekking Shoes Thermal Bottom Base Layer Trekking Pants

Foot Wear

Summit Boot - 8000m Sport Shoes

Hand

Thin Fleece Gloves Wind Stopper Gloves Heavy Gloves(Guide)
Summit Gloves

Head

Sun Cap Desert Cap Fleece Hat/Warm Hat Neck Gaiter

Eating & Drinking

Water bottle Thermos

Bag Packs

Rucksack 35L-50L Duffle Bag Dry Bags

Miscellaneous

Trekking Pole Pocket Knife Nail Cutter Umbrella/Rain Coat
Hot Water Bag Pee Bottle Tenacious Tape Repair
Altimeter Watch Satellite Phone(Optional) GPS Tracker
Power Bank Camera