



MT. LHOTSE EXPEDITION (8516M) 2026

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Nepal

ACTIVITY

Mountaineering

ACCOMMODATION

Hotel + Lodge + Tent

WALKING

5-6 Hours

MAX ALTITUDE

8,516

m

DURATION

60

Days

DIFFICULTY

Hard

Difficult

GROUP SIZE

15

People

Expedition Overview

The fourth-highest mountain in the world, Mount Lhotse, rises 8,516 meters (27,940 ft) above sea level. It is situated on the boundary between Tibet and Nepal in the Himalayas. Just south of Mount Everest lies its long east-west crest, and the South Col, a vertical ridge that never descends below 8,000m, links the two mountains' summits. Lhotse Main, 8512m, Lhotse Shar, 838m, and Lhotse Middle or East, 8413m, are the three peaks of Lhotse. The West Face of Lhotse is marked by a deep scar, an icy gully called the Lhotse Couloir. The couloir is the most important challenge for the Lhotse climb since its climbing conditions are influenced by seasonal snowfall and weather.

Ernst Reiss and Fritz Luchsinger led a Swiss team that made the first ascent of Mount Lhotse on May 18, 1956. They took the West Ridge, the same path taken by the 1953 first ascent of Mount Everest, to reach the summit. There have been numerous successful ascents of Mount Lhotse since the initial ascent, with most climbers taking the South Col route—the same route used to ascend Mount Everest. Only a small number of people have successfully climbed the south face of Lhotse, which is renowned for being steep and technically difficult.

INCLUDES

EXCLUDES

Trip Itinerary

Days	Program	Meals	Accommodation	Description
------	---------	-------	---------------	-------------

Trekking Gear List

Travel Documents

Valid Passport Debit/Credit Card PP Size Photos(4 Pieces)
Insurance Paper/Certificate

Medicine / First Aid Kits

Paracetamole

Upper Body

Thermal Base Layer Fleece Jacket Gore Tex Jacket
Warm Jacket Wind Proof Jacket Down Jacket Cotton T-Shirt

Lower Body

Trowser Bottom Base Layer Fleece Trouser Gore Tex Pant
Heavy Weight Pant Mid Weight Pant Trekking Pant
Under Wear Down Pant Gaiters for Trekking Boots
Climbing Boot -6000m Normal Socks Summit Socks
Trekking Shoes Thermal Bottom Base Layer Trekking Pants

Foot Wear

Summit Boot - 8000m Sport Shoes

Hand

Thin Fleece Gloves Wind Stopper Gloves Heavy Gloves(Guide)
Summit Gloves

Head

Sun Cap Desert Cap Fleece Hat/Warm Hat Neck Gaiter

Eating & Drinking

Water bottle Thermos

Bag Packs

Rucksack 35L-50L Duffle Bag Dry Bags

Miscellaneous

Trekking Pole Pocket Knife Nail Cutter Umbrella/Rain Coat
Hot Water Bag Pee Bottle Tenacious Tape Repair
Altimeter Watch Satellite Phone(Optional) GPS Tracker
Power Bank Camera