14 PEAKS EXPEDITION

North Everest Express Expedition - 2027

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY
Tibet

ACTIVITY
14 Peaks Exclusive

ACCOMMODATION
Hotel/Lodges/Tent

WALKING
4-6 hrs

MAX ALTITUDE
8,849
m

DURATION
23
Days

DIFFICULTY
Moderate
Difficult

BEST SEASON
Spring

Overview

Why the North Side?

The North Side offers a rich history, from early British expeditions to the first Chinese summit in 1960.Our chosen route follows the Northeast Ridge, which presents fewer hazards compared to the Southavoiding the dangers and the crowd of Khumbu Icefall, with the primary challenges found in the rocksteps leading to the summit.

Express Expedition

The 23 days tinerary balances necessary acclimatization, training, and summit preparation while minimizing downtime through advanced planning. Our use of cutting-edge technology such as guidance for pre-acclimatization systems, efficient oxygen use, and pre-set mountain camps enhances summit success and reduces risks. With the majority of climbers from other teams oftengoing home before their summit attempt due to fatigue or extended acclimatization, our streamlined approach keeps climbers strong and prepared for the summit push.

Difficulty

Participants must be experienced in technical climbing and prepared for the challenges of high-altitude camp life. A high level of fitness and the ability to perform over several days at altitude are essential. Previous experience on 8,000m peaks or multiple successful climbs of 6,000-7,000m peaks is required.

At 14 Peaks Expeditions, we pride ourselves on having the most experienced support team in the industry. Our Sherpas, guides, and staff are comprised of multiple-time Everest summiters with extensive knowledge of the North Side. Their unparalleled expertise ensures that climbers can tackle this challenge safely and successfully. With our dedicated crew who have summited Everest several times and excel in operating in this demanding environment—our North Side ascents provide a safer and more focused approach for achieving summit success.

Experts

- Tashi Lakpa Sherpa
- Nima Rinji Sherpa
- Kami Rita Sherpa
- Sona Sherpa
- Behrouz Moghaddasi
- Benjamin Lieber

Services

INCLUDES

- **1. Accommodation** – Luxury Hotel Stays: Stay 7-8 nights in 5-star hotels in Kathmandu, with accommodations offered in single or shared occupancy based on availability. Standard accommodations will be provided along the trekking route to Everest Base Camp. Tents at Base Camp: Comfortable tents at Base Camp and shared accommodations at higher camps.
- **2. Transport** – Pickup and Drop: Pickup and drop-off services for international and domestic airports. Gear Transport: Porters and yaks will carry all necessary equipment and personal luggage during the trek.
- **3. Meals** – Full-Board Meals: Enjoy three nutritious meals daily, including fresh vegetables, fruits, snacks, and juices, throughout the trek and expedition.
- **4. Permits** – Expedition Permits: All required permits, including Everest climbing permits and national park entry fees, are arranged.
- **5. Guides and Sherpa Support** – Expert Sherpa Guides: Each climber and will be accompanied by one highly experienced Sherpa guide, who is a multiple- time Everest summiter, along with two additional Sherpa guides to handle equipment and provide support throug
- **6. Summit Support:** – High-altitude Sherpas provide essential support during the summit push.
- **7. Technical Training** – Receive training on oxygen use, ice wall climbing, and ladder practice from certified guides at Base Camp.
- **8. Oxygen Supply** – Oxygen Cylinders: Ensure there is an unlimited supply of oxygen bottles, as well as extra masks and regulators for emergencies in case of any breakage or damage, since this is a vital factor in climbing.
- **9. Equipment and Logistics** – Base Camp Setup: Heated dining tents, communication tents, and solar-powered charging stations at Base Camp. High-Altitude Camps: Fully equipped high-altitude tents at all camps above Base Camp. Rope Fixing and Weather Reports: Experienced Sherpas will fix the climbing ropes, with regular weather updates provided by Meteotest.
- **10. Medical Support** – Consultation: One of the top high-altitude medicine specialists available for online consultations and medical camps at Base Camp and Advanced Base Camp, collaborating with the 14 Peaks and Seven Summit groups. Staff Insurance: Emergency evacuation and rescue insurance for all sherpa climbing and support staff.
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- **15. Additional Services** – Communication: Satellite phone and walkie-talkies will be available for reliable communication. Emergency Kit: A comprehensive medical kit and emergency services will be available at Base Camp.

EXCLUDES

- **1. International Flight Tickets** – The cost of flights to and from the destination is not included.
- **2. Personal Trekking and Climbing Gear** – Participants are responsible for their own trekking and climbing equipment.
- **3. Staff and Porters Tips** – Gratuities for staff and porters are not covered in the package.
- **4. Sherpa Guide Bonus** – A bonus of $2000 is required for each Sherpa guide.
- **5. Meals in Kathmandu** – Lunch and dinner during your hotel stay in Kathmandu are not included.
- **6. Mountaineering Insurance** – A mountaineering insurance policy that includes emergency medical evacuation is mandatory.
- **7. WiFi Access** – WiFi service during trekking and at Base Camp is not included.

Itinerary

Days	Date	Program	Altitude	Meals	Accommodation	Description
1	4 May, 2027	Arrival in Kathmandu	1,400m	B/L/D	Hotel	Upon arrival at Tribhuvan International Airport, you will be picked up and transferred to Hotel Aloft, a luxurious 5-star hotel in Kathmandu. The rest of the day is reserved for rest and preparation for the exciting journey ahead. Meals include breakfast, lunch, and dinner, and the sleeping elevation is 1,400 feet (427 meters).

Days	Date	Program	Altitude	Meals	Accommodation	Description
2-5	05–08 May 2027	Tibet Visa Processing and Shopping in Kathmandu	1,.400 m	B/L/D	Hotel	These days are dedicated to obtaining your Tibet visa and purchasing any additional supplies needed for the expedition. During this time, you will have the opportunity to explore the vibrant streets of Kathmandu at your leisure. You will continue to stay at Hotel Aloft, enjoying the comforts of this top-tier accommodation. Meals include breakfast, lunch, and dinner, with a sleeping elevation of 1,400 feet (427 meters).
6	09 May 2027	Fly to Lhasa, Tibet	3,650m	B/L/D	Hotel	You will take a scenic flight from Kathmandu to Lhasa, the spiritual and administrative capital of Tibet. Upon arrival, you'll check into your hotel and relax, giving your body time to adjust to the higher altitude of 12,000 feet (3,658 meters). Meals for the day include breakfast, lunch, and dinner.
7	10 May 2027	Drive to Shigatse	3,840m	B/L/D	Hotel	From Lhasa, you'll embark on a picturesque drive to Shigatse, Tibet's second-largest city. The gradual ascent provides an excellent opportunity to acclimatize further as you travel through stunning landscapes. You'll spend the night in a hotel at Shigatse, with a sleeping elevation of 12,800 feet (3,900 meters). Meals include breakfast, lunch, and dinner.
8	11 May 2027	Drive to Chinese Base Camp	5,150m	B/L/D	Tent	The journey continues as you drive to Chinese Base Camp at 17,000 feet (5,181 meters). Upon arrival, you'll settle in and spend the rest of the day resting and preparing for the upcoming climb. Meals include breakfast, lunch, and dinner, with accommodations at the Base Camp.
9	12 May 2027	Rest Day at Chinese Base Camp	5,150m	B/L/D	Tent	This day is reserved for rest and acclimatization at Chinese Base Camp. You'll use this time to allow your body to adjust to the altitude and mentally prepare for the expedition ahead. Meals include breakfast, lunch, and dinner.

Days	Date	Program	Altitude	Meals	Accommodation	Description
10	13 May 2027	Hike to Advanced Base Camp	6,400m	B/L/D	Tent	The trek begins as you hike from Chinese Base Camp to Advanced Base Camp (ABC), crossing rocky and icy terrain. At an elevation of 21,300 feet (6,490 meters), you'll continue acclimatizing to the challenging altitude. Meals include breakfast, lunch, and dinner, with accommodations at ABC.
11-12	14–15 May 2027	Climbing Training and Acclimatization at ABC	6,400m	B/L/D	Tent	Over two days, you'll engage in technical climbing training under the guidance of experienced Sherpa guides. These sessions, combined with rest, will help you acclimatize and prepare for the demanding climb ahead. Meals include breakfast, lunch, and dinner, with accommodations at ABC.
13	16 May 2027	Climb to North Col	7,000m	B/L/D	Tent	The climb to North Col at 23,000 feet (7,000 meters) begins. Using fixed ropes and supplemental oxygen, you'll navigate this crucial acclimatization step while experiencing the first significant test of altitude and endurance. Meals include breakfast, lunch, and dinner, with accommodations at North Col Camp.
14	17 May 2027	Climb to Camp-II	7,500m	B/L/D	Tent	Ascending to Camp-II at 24,750 feet (7,545 meters), you'll tackle steep snow ridges that offer spectacular views of the surrounding peaks. Meals include breakfast, lunch, and dinner, with accommodations at Camp 2
15	18 May, 2027	Climb to Camp- III(8300m)	8,300m	B/L/D	Tent	
16	19 May, 2027	Summit Day	8,849m	B/L/D	Tent	
17	20 May, 20227	Return to Base Camp	6,400m	B/L/D	Tent	
18	21 May, 2027	Contingency Day	6,400m	B/L/D	Tent	
19	22 May, 2027	Descend to Chinese Base Camp	5,150m	B/L/D	Tent	
20	23 May, 2027	Drive to Shigatse	3,840m	B/L/D	Hotel	
21	24 May, 2027	Drive to Lhasa	3,650m	B/L/D	Hotel	
22	25 May. 2027	Fly to Kathmandu	1,400 m	B/L/D	Hotel	
23	26 May, 2027	Departure from Kathmandu	-	B	-	

Gear List

Use the interactive checklist at: **https://checklist-14peaks.pages.dev/14peaks_checklist**

Travel Documents

Valid Passport | Debit/Credit Card | PP Size Photos(4 Pieces) | Insurance Paper/Certificate | Emergency Contact Details

Medicine / First Aid Kits

Paracetamol 500 mg | Ibuprofen 400mg | Oral Rehydration Salts (ORS) | Loperamide | Electrolyte tablets | Cetirizine | Omeprazole | Antacid Tablets | Cough Lozenges | Lubricating Eye Drops | Ondansetron 4 mg | Aspirin 300mg | Nifedipine 30mg | Antiseptic Wipes | Blister Plasters | Acetazolamide (Diamox) 250 mg | Dexamethasone 4 mg

Upper Body

Thermal Base Layer | Fleece Jacket | Gore Tex Jacket | Warm Jacket | Wind Proof Jacket | Heavy Down Jacket | Cotton T-Shirt | Dry-Fit Tshirt | Light Down Jacket

Head

Glacier Glasses (Polarized UV Protection) | Snow Goggles (UV Protection) | Balaclava | Sun Cap | Desert Cap | Fleece Hat/Warm Hat | Neck Gaiter

Lower Body

Thermal Base Layer | Fleece Trouser | Gore Tex Pant | Heavy Weight Pant | Mid Weight Pant | Trekking Pant | Under Wear | Down Pant | Gaiters for Trekking Boots

Climbing Equipment

Climbing Boot -6000m | Trekking Pole | Ice Tool/AXE | Crampons | Unlock Carabiner | Jumar/Ascender | Locking Carabiner | Head Light | Tape Sling | Summit Down Suit | Climbing Helmet | Climbing Harness | ATC GUIDE

Foot Wear

Normal Socks | Summit Socks | Trekking Shoes | Summit Boot - 8000m | Sport Shoes | Camp Booties | Slippers | Warm Climbing Socks | Liner Socks

Hand

Thin Fleece Gloves | Wind Stopper Gloves | Heavy Gloves(Guide) | Summit Gloves

Eating & Drinking

Water bottle | Thermos

Bag Packs

Rucksack 35L-50L | Duffle Bag | Dry Bags

Miscellaneous

Pocket Knife | Nail Cutter | Umbrella/Rain Coat | Hot Water Bag | Pee Bottle | Tenacious Tape Repair | Altimeter Watch | Satellite Phone(Optional) | GPS Tracker | Power Bank | Camera

Sun Stuff

Sunscreen | Lip Guard (SPF) | Moisturizer

Toiletries

Toothbrush | Towel | Wet Wipes | Toothbrush | Shampoo | Body Lotion

Sleeping Stuffs

Sleeping Bag | Therm-a-Rest Mattress | Sleeping Bag Liner | Inflatable Pillow | Down Sleeping Bag

Gallery

FAQs

What is the Everest North Side Express Expedition?

The Everest North Side Express Expedition is a professionally managed, fast-track ascent of Mount Everest (8,848.86m) via the North (Tibet) – Northeast Ridge Route. Designed for experienced mountaineers, the expedition combines advanced pre-acclimatization, efficient logistics, and strategically established high camps to shorten the overall expedition duration while maintaining safety and maximizing summit success.

Why climb Everest from the North Side?

The North Side of Everest offers a historic and less crowded approach to the world's highest mountain. Unlike the South Side, the Northeast Ridge avoids the objective hazards of the Khumbu Icefall, providing a more direct route with the primary technical challenges concentrated on the famous rock steps leading to the summit.

What makes this an "Express" expedition?

Our 23-day Express Expedition utilizes modern expedition strategies, including pre-acclimatization guidance, optimized oxygen management, pre-established mountain camps, and efficient logistics. This significantly reduces time spent on the mountain while allowing climbers to remain stronger and better prepared for the summit push.

Who is this expedition designed for?

This expedition is intended for highly experienced mountaineers with previous success on 8,000-meter peaks or multiple 6,000m–7,000m expeditions. Participants should possess excellent physical fitness, technical climbing skills, and experience living and climbing at extreme altitude.

Is previous Everest experience required?

Previous Everest experience is not mandatory; however, climbers should have extensive high-altitude expedition experience. We recommend prior ascents of challenging 6,000m and 7,000m peaks, or at least one successful 8,000-meter expedition, before joining the North Side Express Expedition.

How does pre-acclimatization improve the expedition?

Our expedition incorporates pre-acclimatization guidance before arrival, allowing climbers to adapt more efficiently to high altitude. Combined with a carefully planned itinerary and optimized oxygen strategy, this approach reduces unnecessary time on the mountain while improving overall readiness for the summit attempt.

What support does 14 Peaks Expedition provide?

The expedition is led by one of the industry's most experienced high-altitude teams, including multiple-time Everest summiteers, professional expedition leaders, and expert Sherpas with extensive knowledge of the North Side of Everest. We provide premium logistics, professionally managed camps, weather forecasting, communication systems, oxygen management, and comprehensive expedition support from arrival to departure.

How technically difficult is the North Side route?

The Northeast Ridge requires solid mountaineering skills and confidence on steep snow, ice, and exposed rock sections. Climbers must be comfortable using fixed ropes, crampons, ascenders, and other technical climbing equipment, particularly when negotiating the famous rock steps near the summit.

What are the advantages of the North Side compared to the South Side?

The North Side offers a quieter climbing experience with fewer climbers and avoids the Khumbu Icefall, one of the most hazardous sections of the South Side route. The expedition also benefits from streamlined logistics and a more focused summit strategy through our Express Expedition model.

What are the physical requirements for this expedition?

Participants should maintain an exceptional level of cardiovascular fitness, strength, endurance, and mental resilience. Climbers must be capable of sustained performance over multiple days at extreme altitude while carrying personal climbing equipment and managing the demands of expedition life.

How does 14 Peaks Expedition maximize summit success?

Our success is built on meticulous expedition planning, advanced pre-acclimatization strategies, efficient oxygen utilization, experienced Sherpa support, professionally managed camps, continuous weather monitoring, and decades of high-altitude expedition expertise. Every aspect of the expedition is designed to maximize safety, efficiency, and each climber's opportunity to reach the summit.

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How is the Express Expedition different from the Standard Expedition?

Unlike the Classic Expedition, which follows a traditional 45–50 day acclimatization schedule, the Express Expedition is completed in approximately 23 days. This is achieved through structured pre-acclimatization before arrival and highly efficient expedition planning.