

North Everest Standard Expedition -2026

Explore, ascend, and reach new heights with our expert-guided mountaineering expeditions.

COUNTRY

Tibet

ACTIVITY

Mountaineering

ACCOMMODATION

Hotel/Lodges/Tent

WALKING

4-6 hrs

MAX ALTITUDE

8,849

m

DURATION

58

Days

DIFFICULTY

Moderate

Difficult

GROUP SIZE

10

People

Expedition Overview

Why the North Side?

The North Side offers a rich history, from early British expeditions to the first Chinese summit in 1960. Our chosen route follows the Northeast Ridge, which presents fewer hazards compared to the South, avoiding the dangers and the crowd of Khumbu Icefall, with the primary challenges found in the rocksteps leading to the summit.

Standard Expedition

This 58-day itinerary provides an optimal balance between acclimatization, training, and summit preparation. Our plan includes extended acclimatization at base camp, along with strategic rotations between camps, ensuring climbers adapt well to the altitude. The use of advanced planning, efficient oxygen systems, and pre-set mountain camps further supports summit success and reduces risks. Unlike teams with shorter itineraries, where climbers often face fatigue or need extra acclimatization time, our comprehensive approach maintains climbers' strength and preparedness for the summit push.

Difficulty

Participants must be experienced in technical climbing and prepared for the challenges of high-altitude camp life. A high level of fitness and the ability to perform over several days at altitude are essential. Previous experience on 8,000m peaks or multiple successful climbs of 6,000-7,000m peaks is required.

At 14 Peaks Expeditions, we pride ourselves on having the most experienced support team in the industry. Our Sherpas, guides, and staff are comprised of multiple-time Everest summiters with extensive knowledge of the North Side. Their unparalleled expertise ensures that climbers can tackle this challenge safely and successfully. With our dedicated crew—who have summited Everest several times and excel in operating in this demanding environment—our North Side ascents provide a safer and more focused approach for achieving summit success.

INCLUDES

EXCLUDES

Trip Itinerary

Days	Program	Meals	Accommodation	Description
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Trekking Gear List

Travel Documents

- Valid Passport
- Debit/Credit Card
- PP Size Photos(4 Pieces)
- Insurance Paper/Certificate

Medicine / First Aid Kits

- Paracetamole

Upper Body

- Thermal Base Layer
- Fleece Jacket
- Gore Tex Jacket
- Warm Jacket
- Wind Proof Jacket
- Down Jacket
- Cotton T-Shirt

Lower Body

- Trowser
- Bottom Base Layer
- Fleece Trouser
- Gore Tex Pant
- Heavy Weight Pant
- Mid Weight Pant
- Trekking Pant
- Under Wear
- Down Pant
- Gaiters for Trekking Boots
- Climbing Boot -6000m
- Normal Socks
- Summit Socks
- Trekking Shoes
- Thermal Bottom Base Layer
- Trekking Pants

Foot Wear

- Summit Boot - 8000m
- Sport Shoes

Hand

- Thin Fleece Gloves
- Wind Stopper Gloves
- Heavy Gloves(Guide)
- Summit Gloves

Head

- Sun Cap
- Desert Cap
- Fleece Hat/Warm Hat
- Neck Gaiter

Eating & Drinking

- Water bottle
- Thermos

Bag Packs

- Rucksack 35L-50L
- Duffle Bag
- Dry Bags

Miscellaneous

- Trekking Pole
- Pocket Knife
- Nail Cutter
- Umbrella/Rain Coat
- Hot Water Bag
- Pee Bottle
- Tenacious Tape Repair
- Altimeter Watch
- Satellite Phone(Optional)
- GPS Tracker
- Power Bank
- Camera